															FLEXI-BOUNCE THERAPY EXERCISES ***Compiled by, copyright of and produced with the permission of 'ReboundTherapy.org' – the official body for Rebound Therapy*** **If exercises are performed with handle in place, student to be facing away from handle** **PROFICIENCY GRADE 1** **Suggested minimum requirements to complete the grade: at least two passes from at least three of the four sections. All movements may be performed with support as necessary.** **OR** **To accurately measure progress and outcomes, this scheme can be used with the Huddersfield Functional Index. A minimum HFI score of 32 is recommended to complete the grade.**
															SECTION A
															1. Sits facing adult in stillness
															2. Differentiates stillness and movement
															3. Anticipates cause and effect
															4. Waits patiently for turn
															5. Maintains eye contact when appropriate
															HFI Total for Section A (if used)