															FLEXI-BOUNCE THERAPY EXERCISES **PROFICIENCY** **GRADE 2 Continued**
															SECTION D
															17. Run on spot in centre of bed
															18. Run on spot in centre – knee slapping
															19. Run on spot in centre – cross-over knee slapping (right hand to left knee, left hand to right knee)
															20. Run on spot – low crossover (right hand to left leg, left hand to right leg, reaching below the knee with leg straight)
															HFI Total for Section D (if used)
															SECTION E
															21. Half kneeling – hand support from carer on floor – other carer pop to stand to stillness
															22. As above - able to perform right and left knee up
															23. High kneeling – hand support from carer on floor – other carer pop to stand to stillness
															24. Half kneeling - swimming arms to stand to stillness
															25. Half kneeling – swimming arms to stand to stillness. Able to perform right and left knee up
															26. Back bouncing
															HFI Total for Section E (if used)
															HFI Total of all Sections (if used)
															Date grade passed